



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. **This is only a summary.** If you want more detail about your coverage and costs, check your Summary Plan Description, visit our website at www.iambfo.org, call Cigna HealthCare at 1-800-Cigna24 (1-800-244-6224) or contact the Fund Office at 1-800-457-3481. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary> or call 1-800-Cigna24 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall deductible ?	Medical Deductibles: For in-network providers : \$850/individual or \$1,700/family For out-of-network providers : \$3,000/individual or \$6,000/family Prescription Drugs Deductibles: For in-network providers : \$300/individual or \$600/family For out-of-network providers : \$300/individual or \$600/family	Generally, you must pay all of the costs from providers up to the individual deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your deductible ?	Yes. In-network preventive care and immunizations, office visits, emergency room visits, in-network urgent care facility visits.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan ?	For in-network providers : \$6,600/individual or \$13,200/family For out-of-network providers : \$13,000/individual or \$26,000/family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Penalties for failure to obtain pre-authorization for services, premiums , balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .

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Important Questions	Answers	Why This Matters
Will you pay less if you use a network provider ?	Yes. See www.myCigna.com or call 1-800-Cigna24 for a list of network providers .	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No.	You can see the specialist you choose without a referral .



All [copayment](#) and [coinsurance](#) and costs shown in this chart are after your [deductible](#) has been met, if [deductible](#) applies. [Deductible](#) does not apply to services with [copayments](#).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, and Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30 copay /visit Deductible does not apply	50% coinsurance	None
	Specialist visit	\$50 copay /visit Deductible does not apply	50% coinsurance	None
	Preventive care/ screening/ immunizations	No charge/visit** No charge/ screening ** No charge/immunizations** ** Deductible does not apply	50% coinsurance /visit 50% coinsurance /screening 50% coinsurance /immunizations	None None None You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-rays, blood work)	30% coinsurance	50% coinsurance	None
	Imaging (CT/PET scans, MRIs, etc.)	30% coinsurance	50% coinsurance	None

Questions? For more information about your prescription drug coverage, you can register at www.caremark.com or you can call the CVS Caremark Customer Care line at 1-800-282-8503. Or you can contact the Fund Office at 1-800-457-3481.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, and Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition Call CVS Caremark at 1-800-282-8503 for information about Mail-Order and about what needs preauthorization .	Deductible	Individual - \$300 Family - \$600	Individual - \$300 Family - \$600	34-day supply can be obtained from all retail pharmacies.
	Generic drugs (Tier 1)	\$10 copay for 34-day supply \$20 copay for 90-day supply	\$10 copay for 34-day supply	90-day supply is available only for maintenance drugs obtained from Mail-Order or at CVS pharmacies.
	Preferred brand drugs (Tier 2)	\$35 copay for 34-day supply \$70 copay for 90-day supply	\$35 copay for 34-day supply	Preauthorization is required for many medications.
	Non-preferred brand drugs (Tier 3)	\$60 copay for 34-day supply \$120 copay for 90-day supply	\$60 copay for 34-day supply	Preauthorization and specialty pharmacy use is required for all specialty drugs. Call CVS Caremark at 1-800-237-2767 for information.
	Specialty drugs (Tier 4)	\$60 copay /prescription	\$60 copay /prescription	
If you have outpatient surgery	Facility fee (ambulatory surgery center)	30% coinsurance	50% coinsurance	None
	Physician/surgeon fees	30% coinsurance	50% coinsurance	None
If you need immediate medical attention	Emergency room care	\$300 copay /visit Deductible does not apply	\$300 copay /visit Deductible does not apply	Per visit copay is waived if admitted. You may contact the No Surprises Help Desk at 1-800-985-3059.
	Emergency medical transportation	30% coinsurance	30% coinsurance	None
	Urgent care	\$100 copay /visit Deductible does not apply	50% coinsurance	None

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, and Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance	50% coinsurance	Preauthorization required.
	Physician/surgeon fees	30% coinsurance	50% coinsurance	Preauthorization required for some services; most covered in-network provider services are covered by inpatient facility copay . Some surgical procedures limited to in-network only.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$50 copay /office visit 30% coinsurance/ all other services Deductible does not apply	50% coinsurance /office visit 50% coinsurance /all other services	
	Inpatient services	30% coinsurance	50% coinsurance	
If you are pregnant	Office visits	30% coinsurance	50% coinsurance	Primary Care or Specialist benefit levels apply for initial visit to confirm pregnancy. Cost sharing does not apply for preventive services . Depending on the type of services a copayment , coinsurance or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery professional services	30% coinsurance	50% coinsurance	
	Childbirth/delivery facility services	30% coinsurance	50% coinsurance	

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, and Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home health care	30% coinsurance	50% coinsurance	16 hour maximum per day
	Rehabilitation services	30% coinsurance /For All Others \$30 copay /PCP visit** or \$50 copay /Specialist visit For Chiropractic Care** ** Deductible does not apply	50% coinsurance /PCP visit 50% coinsurance /Specialist visit	Coverage is limited to annual max of 50 days of combined Rehabilitation and Cardiac rehab services; 20 days for Chiropractic care services Limits are not applicable to mental health conditions for Physical, Speech and Occupational therapies.
	Habilitation services	\$30 copay /PCP visit** \$50 copay /Specialist visit** ** Deductible does not apply	50% coinsurance /PCP visit 50% coinsurance /Specialist visit	Services are covered when Medically Necessary to treat a mental health condition (e.g., autism) Limits are not applicable to mental health conditions for Physical, Speech and Occupational therapies.
	Skilled nursing care	30% coinsurance	50% coinsurance	Coverage is limited to 100 days annual max.
	Durable medical equipment	30% coinsurance	50% coinsurance	
	Hospice services	30% coinsurance /inpatient; 30% coinsurance /outpatient services	50% coinsurance /inpatient; 50% coinsurance /outpatient services	None
If your child needs dental care or routine eye care	Children's eye exam	Not covered	Not covered	None
	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

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Excluded Services and Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#))

- | | | |
|--------------------------|--|----------------------------|
| • Cosmetic surgery | • Infertility treatment | • Routine eye care (Adult) |
| • Dental care (Adult) | • Long-term care | • Routine foot care |
| • Dental care (Children) | • Non-emergency care when traveling outside the U.S. | • Weight loss programs |
| • Eye Care (Children) | • Prescription drugs | |
| • Hearing aids | • Private-duty nursing | |

Other Covered Services (Limitations may apply to these services — This is not a complete list — Please see your [plan](#) document)

- | | | |
|---------------|---------------------------------------|-------------------------------|
| • Acupuncture | • Bariatric surgery (in-network only) | • Chiropractic Care (20 days) |
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Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For questions about your rights, this notice, or assistance, you can contact Cigna Customer service at 1-800-Cigna24. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Additionally, a consumer assistance program can help you file your [appeal](#). Contact the program for this [plan's](#) situs state: DC Office of the Health Care Ombudsman and Bill of Rights at 877-685-6391. However, for information regarding your own state's consumer assistance program refer to www.healthcare.gov.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans, health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-244-6224.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-244-6224.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-244-6224.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiiijigo holne' 1-800-244-6224.

----- To see examples of how this plan might cover costs for a sample medical situation, see the next section. -----

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and excluded services under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$850
- [Specialist copayment](#) \$50
- Hospital (facility) [coinsurance](#) 30%
- Other [coinsurance](#) 30%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

Total Example Cost	\$12,700
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In this example, Peg would pay:

Cost Sharing	
Deductibles	\$850
Copayments	\$30
Coinsurance	\$3500
What isn't covered	
Limits or exclusions	\$30
The total Peg would pay is	\$4,410

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$850
- [Specialist copayment](#) \$50
- Hospital (facility) [coinsurance](#) 30%
- Other [coinsurance](#) 30%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

Total Example Cost	\$5,600
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In this example, Joe would pay:

Cost Sharing	
Deductibles	\$120
Copayments	\$300
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$4,300
The total Joe would pay is	\$4,720

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$850
- [Specialist copayment](#) \$50
- Hospital (inpatient) [copayment](#) 30%
- Other [coinsurance](#) 30%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

Total Example Cost	\$2,800
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In this example, Mia would pay:

Cost Sharing	
Deductibles	\$850
Copayments	\$600
Coinsurance	\$40
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,490

The [plan](#) would be responsible for the other costs of these **EXAMPLE** covered services

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