



**Action Required:  
Enroll with Virta  
Today**

**An important update to your GLP-1 medication access requires your action.** Eligible National IAM Benefit Trust Fund participants who currently may be prescribed a GLP-1 medication for weight loss (Wegovy or Saxenda) are required to enroll in Virta by 3/31/2026 to maintain coverage of this medication through the National IAM Benefit Trust Fund. This process includes a video appointment with a Virta provider and can take one to three weeks.

**When you join Virta, you'll:**

- Continue GLP-1 coverage if you and your Virta provider determine it's right for you
- Work closely with your Virta care team to safely adjust medications when the time is right
- Explore nutrition-based approaches that may reduce or replace the need for medication

National IAM Benefit Trust Fund partners with Virta to support your weight loss journey—with or without medications. Virta is a nutrition-first program that helps you lose weight and improve your health, available at \$0 cost to you.\* With personalized nutrition plans and expert support, Virta helps you build healthy habits for long-term success.

**Please note:** If you fill your prescription through a provider outside of Virta after 3/31/2026, you will be responsible for the full cost out-of-pocket. **Take action and enroll in Virta by 3/31/2026**, to ensure you can maintain GLP-1 coverage, if recommended and eligible, and gain access to Virta's care for long-term success. After 3/31/2026, prescriptions filled outside of Virta will not be covered by the National IAM Benefit Trust Fund.

Sincerely,

National IAM Benefit Trust Fund & Your Virta Medical Team

**Enroll with Virta today:** [go.virta.com/niamcot](https://go.virta.com/niamcot)

\* Virta Health's programs are available at \$0 cost to eligible National IAM Benefit Trust Fund participants and eligible dependents 18 years or older who are enrolled in a National IAM health plan through CFA. Some features, devices, and services may have costs based on your health coverage. Eligibility depends on clinical criteria and coverage terms. Medications, including GLP-1s, are subject to your pharmacy benefits and may have additional costs. Certain features require clinical eligibility and/or a prescription.

[How to get started - take action now before the 3/31/2026 deadline:](#)

1. Visit [go.virta.com/niamcot](https://go.virta.com/niamcot)
2. Schedule your first visit with a Virta medical provider
3. Complete enrollment before 3/31/2026

# Eligibility Information

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Virta does not discriminate based on race, color, national origin, age, disability, or sex. Free help is available in your language. Visit [\*\*https://www.virtahealth.com/non-discrimination-notice\*\*](https://www.virtahealth.com/non-discrimination-notice).