



DON'T NAVIGATE HEALTHCARE AND BENEFITS ALONE

There's one place for one-of-a-kind support.

Need a new healthcare provider? Get an incorrect medical bill?
Receive a concerning diagnosis? Quantum Health is always your
one place to turn when you need assistance.



One number to call
with any questions



One app for
self-service help



One team of experts
dedicated to helping you



MyNIAMBenefits.com

(866) 871-0839

(Monday-Friday, 8:30 a.m.-10 p.m. ET)





QUANTUM HEALTH IS YOUR GO-TO RESOURCE

for healthcare guidance and benefits information –
any time you need it.

You can always count on your personal team of nurses, benefits experts and claims specialists to do whatever it takes to support your unique healthcare and benefits needs.

Empowered and resourceful, Care Coordinators do things like:

- Get answers to claims, billing and benefits questions*
- Find in-network providers
- Verify coverage and get prior approval, if needed
- Contact providers to coordinate your treatment
- Review your care options
- Replace ID cards

* Important Billing Reminder: In Maryland, Washington, D.C., or Northern Virginia ask your provider to bill CareFirst Administrators. Everywhere else, ask your provider to bill their local Blue Cross Blue Shield (BCBS) plan.

**NO REQUEST IS TOO BIG OR SMALL FOR YOUR QUANTUM HEALTH
CARE COORDINATORS.**



When you need help, we're just a **tap, click, chat or call away!**



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