



KEEP YOUR HEALTH ON TRACK WITH PREVENTIVE CARE

SCHEDULE YOUR RECOMMENDED PREVENTIVE CARE TODAY – IF YOU USE AN IN-NETWORK PROVIDER, IT'S 100% COVERED.

Routine checkups and cancer screenings help prevent health issues or detect illness at an early stage when treatment will be most effective. In addition to an annual physical exam, your primary care provider may suggest specific cancer screenings based on your age and gender.

YOUR QUANTUM HEALTH CARE COORDINATORS ARE HERE TO HELP

Your team of nurses, benefits experts and claims specialists are here to help with things like:

- Reviewing your recommended preventive care
- Finding an in-network provider near you
- Understanding your treatment options
- Confirming your coverage

Don't delay – take time today to make sure you're up to date on your preventive care!



MyNIAMBenefits.com

(866) 871-0839

(Monday-Friday, 8:30 a.m.-10 p.m. ET)

